

A Fibromyalgia Support Group to Meet At Nettle Creek Church of the Brethren

The support group is being formed by **Esther Mobley** who lives in Hagerstown. She helped start one in Richmond, and it is very successful. The group will meet monthly at 1:00 p.m. here at Nettle Creek. If this is a concern of yours, plan to join the group

January 1 - Lighten Up Brethren! – South Central Indiana District Challenge

Lighten Up, Brethren! is a **program of the Wellness Ministry of the Association of Brethren Caregivers in collaboration with Brethren Benefit Trust and the Church of the Brethren General Board.**



The Wellness Ministry professes that every person is a treasure, every life a sacred gift, every human being a unity of body, mind and spirit. . Annual Conference 2006 is being held in Des Moines, Iowa. So the **challenge is, how many times your congregation can go to conference and back.** We are not asking you to literally make the trip, but **asking each church to rack up miles and minutes in the form of exercise.** It will work like this. If you are a runner keep track of your miles. If you are a cyclist (bicycle) keep track of your miles. If you participate in a more stationary form of exercise, count your minutes. **Barry Nicholson will keep a “running” total for Nettle Creek.** So, give Barry your miles and/or minutes that you exercise. **This will start January 1.**

All Church Birthday Party

January 8, after worship there will be an All Church Birthday Party. There will be soup and sandwiches and, of course, birthday cake. Plan to celebrate everyone's birthday. Everyone welcome!



Welcome Home Project offers e-mail list.

On Earth Peace and the Association of Brethren Caregivers are collaborating on the Welcome Home Project: A Living Peace Church Response for **Returning Military Personnel and Others.** For nearly a year, a small committee has considered **how the Church of the Brethren can respond to soldiers returning home from conflict zones and support their families.** Now an e-mail list has been created for the project. **Congregations and individuals are invited to join.** The list will provide family members of soldiers the opportunity to support



one another as they share thoughts and feelings about their situations; and will provide Brethren with the opportunity to share ideas and network about congregational outreach and ministry ideas. "As a Living Peace church, our denomination has much to offer people who may be hurting and need a safe place to share their

feelings and receive support," said a release from the two agencies. Subscribe by visiting

[http://listserver.emountain.net/mailman/listinfo/welcomehomeproject.](http://listserver.emountain.net/mailman/listinfo/welcomehomeproject) For more information about the project visit www.brethren.org/oepa/WelcomeHomeProject.html. Questions may be directed to Matt Guynn of On Earth Peace at 765-962-6234.

Mennonite Your Way

Mennonite Your Way revives an old tradition by organizing a **hospitality network so travelers can share fellowship and travel more economically.** The Mennonite

Your Way Directory lists Mennonites, Brethren and other Christians of like spirit who offer space to travelers on a donation basis. Orders for the Directory and Host listings can now be submitted on line, by mail, phone, or e-mail, but as always, all MYW host information is distributed only in the printed directory and updates. No

host information will be posted online on the Internet. To work Mennonite Your Way needs hosts who share hospitality and travelers seeking fellowship, all in a spirit of Christian courtesy. **The Directory will be available in the Spring of 2006.** They are needing host listings by **December 15, 2005.** You can do this in this way. Visit their new secure web site - www.mennoniteyourway.com and follow the prompts. The host form and the order form can be accessed on their home page. These can be completed online and sent to them online together with your secure credit card information. Your donation helps to cover printing of **Directory 10** and

